

FALL 2026

CITY OF TROUTDALE

RECREATION GUIDE

REGISTRATION
NOW
OPEN!

INSIDE

Little Trout Play Park Now On Wednesday's
Biscuit Making
Yoga's New Registration Date - Info Inside!

SIGN UP ONLINE AT
[TROUTDALEOREGON.GOV/REC](https://troutdaleoregon.gov/rec)



FALL 2026 RECREATION GUIDE



CITY OF TROUTDALE *Recreation*

REGISTER ONLINE!

Visit **troutdaleoregon.gov/rec** for all information on how to create an account and sign up for programs.

Financial Aid and other discounts are available.

Find details at: **troutdaleoregon.gov/rec**

R = Resident of Troutdale

NR = Non Resident

You are considered a resident if you receive a water bill from the City of Troutdale or if you reside or own property or a business within the city limits of Troutdale.

CITY COUNCIL

David Ripma, Mayor
Glenn White, Council President
Zach Andrews
Geoffrey Wunn
Carol Allen
Jesse Davidson
John Leamy

CITY STAFF

Mike Weston, City Manager
Mollie King, Recreation Manager
Anne Paskett, Recreation Coordinator

CONTACT DETAILS

Phone 503-665-9098
recreation@troutdaleoregon.gov
Mailing Address:
219 E. Hist. Col. Riv. Hwy,
Troutdale, OR 97060

NEED TRANSLATION SERVICES?

WE'RE HAPPY TO HELP!

JUST REACH OUT TO US AT RECREATION@TROUTDALEOREGON.GOV

AND WE'LL ASSIST YOU.

Recreation Program Sites

City Conference Building (CCB)

223 Buxton Rd

Sam Cox Building/Glenn Otto Park

1106 E. Hist. Col. Riv. Hwy

Llewellyn Park

1700 SE Llewellyn Avenue

Columbia Park (Imagination Station)

1900 Cherry Park Rd

Sunrise Park

345 SW 21st Street, Troutdale, OR 97060

Rock Haven Climbing Gym

355 NE 223rd Ave, Gresham

STAINED GLASS

Bring a little sunshine to your space! In this fun, hands on stained glass class, you'll create your own sparkling piece of art using colorful precut hexagons. Learn how to arrange your pieces into a unique design, wrap them with foil, and solder them together to create a beautiful finished project.

Once your design is complete, choose how you'd like to enjoy it, as a radiant suncatcher to brighten a window or a charming plant stake to add a pop of color to your garden. No previous stained glass experience is necessary; just bring your creativity and have fun making something beautiful to take home!

Led by Laurels Stained Glass.

Ages 18 & Up

(15-17 with Paying Adult)

Sam Cox Building | Glenn Otto Park

#301 Sun 10/25 2:00-5:00pm

COST: R \$125/NR \$150 Reg by 10/19

BAKING BISCUITS

A tall, flaky biscuit isn't luck, it's cold butter, the right flour, and knowing when to stop kneading. In this hands on baking class, you'll make classic buttermilk biscuits by hand, build a proper sausage gravy, and explore how the same techniques become spiced pear cornmeal biscuits and savory feta scones. Learn practical tips for mixing, shaping, and baking without overworking the dough.

Eat everything hot from the oven and taste the creations side by side, then take home six frozen biscuits ready to bake. Leave with new techniques and inspiration for your own kitchen.

Led by Joleen Maxwell of Bird Creek Provisions.

Ages 18 & Up

(12-17 with Paying Adult)

Sam Cox Building | Glenn Otto Park

#303 Sun 11/15 2:00pm-5:00pm

COST: R \$55/NR \$66 Reg by 11/9

PAINT WITH APRIL

Join us for a fun and relaxing evening of inspired creativity! Come solo, with friends, or make it a creative date night. In this step-by-step acrylic painting class, local artist April Backwell will guide you through creating your own seasonal artwork, with helpful tips and encouragement along the way.

Settle in, enjoy the cozy atmosphere, and let your creativity take the lead as you paint. No painting experience is needed, and all materials are provided. Just bring yourself and get ready for an evening of art, conversation, and fun. You'll leave with a finished winter inspired painting to enjoy and a new creative experience to remember.

Led by local artist April Backwell.

Ages 18 & Up

(12-17 with Paying Adult)

#302 Sat 10/17 5:00-7:30pm

COST: R \$32/NR \$38 Reg by 10/12



TAKING CARE OF WHAT YOU WEAR

Explore practical considerations for purchasing, caring for, and maintaining clothing and textiles. This informational session will offer general tips for selecting quality materials, making thoughtful purchases, and extending the useful life of the items you already own.

The session will cover simple, practical approaches to textile care and maintenance, helping you get more value and longevity from your clothing and household textiles.

Led by Carly Mick who is a textile artist, researcher, consultant, and instructor of Sports Product Design at the University of Oregon.

Ages 18 & Up

(Ages 14-17 with Participating Adult)

City Conference Building

#304 Sat 10/17 10:00-11:30am

COST: Free, but registration required

Reg by 10/9

SIT & STITCH

Bring your crocheting, knitting, needlework, spinning, or other fiber arts projects to this welcoming small-group social! Enjoy a relaxed, creative setting to work on a project, share ideas, and be inspired by fellow crafters. Whether you're experienced or looking to try something new, this is a great opportunity to learn, connect, and enjoy creative company.

Share skills, techniques, and inspiration while enjoying good conversation and time with fellow fiber artists.

Bring your own supplies and project.

Led by Aleta Sanstrum.

Ages 18 & Up

City Conference Building

**#306 Mon 10/5, 10/19, 11/2, 11/16, 11/30, 12/14
10:00am-12:00pm**

COST: R \$10/NR \$12 Register Anytime



MONARCH GARDEN VOLUNTEER

Become a volunteer and help support Monarch butterflies and other beneficial pollinators by joining the Sunrise Pollinator Team! Volunteers work alongside Deb Peters at the Monarch Waystation at Sunrise Park, helping care for the garden and create a welcoming habitat for pollinators. Volunteers typically gather once a week, currently on Wednesday mornings, from March through October. It's a great opportunity to get outdoors, learn about pollinators, and make a positive impact in the community.

Register to join the team and you'll receive an email with additional details about volunteer activities and meeting information. For more information, contact Deb Peters at 484-948-8926.

Ages 18 & Up | Sunrise Park

#305 Wed 10/7, 10/14, 10/21, 10/28 9:30-11:30am

COST: Free, but registration required

Register Anytime



GAME DAY

Join us for Troutdale Game Day, a free drop-in event where you can play a variety of board and card games, from timeless classics like Monopoly and Uno to modern favorites that are perfect for all ages. Whether you're coming with friends, family, or on your own, this is a great opportunity to connect with the community, meet new people, and enjoy a few hours of fun and friendly competition.

Led by Adrian Koester

Ages 8 & Up with attending adult
City Conference Building

Saturday 10/10, 11/7, 1/9/2027 1:00-6:00PM

COST: FREE, no registration required



FIREARM SAFETY: OREGON/UTAH CONCEALED CARRY

PERMIT CLASS

This course will cover important firearm safety concepts for keeping firearms safe within the home and outside the home. The course satisfies the requirements for the State of Oregon and State of Utah to obtain a concealed carry permit. The Utah permit allows you to legally carry concealed in Washington and 34 additional states.

No firearms are needed for this class.

Fingerprints and photos start at 8am.

Class begins directly following.

Please bring a drink/water and snacks/lunch if desired.

Led by Keith Bybee

Ages 21 & Up

City Conference Building

#307 Sat 1/30/2027 8:00am-3:00PM

COST: R \$95/NR \$114 for 1 class Reg by 1/26

Questions about the class curriculum?

Contact him at: safeshotnw@yahoo.com

TROUTDALE COMMUNITY WALK

CH'AK CH'AK TRAIL

Explore the Ch'ak Ch'ak Trail with a walk along the Sandy River in Troutdale! Spot local wildlife like eagles and ospreys, enjoy the beautiful river views, and connect with your neighbors on this shared use path. This FREE drop-in community event is open to all, bring your family, a friend or even a leashed furry companion.

(More details on our website.)

Date: Friday, 10/2 Time: 10-11:30am

Meeting Point: Gateway to the Gorge Visitor Center
475 E Historic Columbia River Hwy, Troutdale, OR 97060

Wear comfortable shoes and bring a bottle of water.

No registration required, and we will go rain or shine.

Questions: Contact the Recreation Dept. at 503-665-9098 or recreation@troutdaleoregon.gov

Register ONLINE at troutdaleoregon.gov/rec



YOGA FOR A BALANCED LIFE

Invoke feelings of inner peace with the physical practice of yoga (Hatha), incorporating Iyengar (alignment) & Vinyasa (flow) styles. Balance your mind, body & spirit through movements that increase flexibility, develop muscle tone and ease the knots in the body & mind. We will focus on the breath and increase personal awareness. Come experience this easy-to-follow, safe, fun & effective class. Develop a mindful practice that is unique to you and enriches your sense of personal strength and power.

Led by Kay Gates.

Ages 18 & Up

City Conference Building

#308 Tues 10/13-12/8 6:00pm-7:00pm

(No Class 11/24)

COST: R\$64/NR\$77 for 8 weeks Reg by 10/8

GENTLE YOGA FOR HEALTH & HEALING



A gentle paced yoga class that is open to all and is ideally suited for seniors. We will focus on the ABC'S of Awareness, Breathing, Comfort & Stability. A typical class begins seated in a chair, then moves to standing poses (with chair available for support) and finishes with floor/mat poses. We will end class with a relaxation sequence. This class is for those who want to improve agility, range of motion, strength, balance & coordination.

Led by Kay Gates.

Ages 18 & Up

City Conference Building

#309 Thurs 10/15-12/10 10:30am-11:30am

(No Class 11/26)

COST: R\$64/NR\$77 for 6 weeks Reg by 10/12

Please see Webpage for Instructor's Bio

For All Yoga Classes:

Bring your own mat & water. Dress in comfortable clothing.

*If this is your first yoga class with this Instructor, arrive 15 minutes early to the first class.



NEW YOGA REGISTRATION DATE!

YOGA CLASSES NOW HAVE A SEPARATE REGISTRATION DATE. REGISTRATION OPENS :

TUESDAY, SEPTEMBER 29 AT NOON

THESE POPULAR CLASSES FILL QUICKLY, SO MARK YOUR CALENDAR AND BE READY TO REGISTER ONLINE AT NOON TO SECURE YOUR SPOT!

Register ONLINE at troutdaleoregon.gov/rec

KINDERTOTS® (with caregiver)

Kindertots offers dance and sensory-motor classes for 2-3 year olds that support key developmental milestones while strengthening the caregiver-child bond. Caregivers actively participate, learning how to encourage natural motor development through dance and play.

Ages 2-3 years | Glenn Otto Park - Sam Cox
#310 Tues 10/6-11/10 4:20 - 4:50pm
 (no class 10/27)

R \$45/NR \$65 for 5 weeks Reg by 10/1

#311 Tues 11/17-12/15 4:20-4:50pm

R \$45/NR \$65 for 5 weeks Reg by 11/12

KINDERDANCE®

This is a developmental dance, movement & fitness program teaching the basics of ballet, tap, acrobatics & creative movement while learning numbers, colors, shapes, words & songs.

Ages 3-6 years | Sam Cox Building - Glenn Otto
#312 Tues 10/6-11/10 3:30-4:15pm
 (no class 10/27)

R \$50/NR \$60 for 5 weeks Reg by 10/1

#313 Tues 11/17-12/15 3:30-4:15pm

R \$50/NR \$60 for 5 weeks Reg by 11/12

KINDERCOMBO®

This is a combination ballet, tap & modern dance program. This gives the young dance student a solid foundation upon which to build. Age appropriate educational concepts are fun & reinforce dance techniques & styles.

Ages 5-9 years | Glenn Otto Park - Sam Cox
#314 Tues 10/6-11/10 5:00 -5:45pm
 (no class 10/27) Reg by 9/29

R \$50/NR \$60 for 5 weeks Reg by 10/1

#315 Tues 11/17-12/15 5:00-5:45pm

R \$50/NR \$60 for 5 weeks Reg by 11/12

For the dance programs on this page:

INSTRUCTOR: Debbie Sackett

QUESTIONS: Contact Debbie at 503-232-4771 or

kinderdancemultnomahcounty@gmail.com

PARENT & ME BOULDERING

This is a 4 week class for children ages 4-6, and includes parent participation. Children learn indoor climbing skills and increase their comfort level on the walls through warm up exercises and climbing games. Parent participation consists of being on the pads and assisting their child; parents do not climb during the class.

Wear comfortable clothes for exercise, bring a water bottle; we provide the climbing shoes.

Ages 4-6 years | Rock Haven Climbing Gym
#316 Mon 10/5-10/26 10:00-10:50am
 R \$59/NR \$71 Reg by 9/30
#317 Mon 11/2-11/23 10:00-10:50am
 R \$59/NR \$71 Reg by 10/28
#318 Mon 1/4/27-1/25/27 10:00-10:50am
 R \$59/NR \$71 Reg by 12/30

BOULDERING FOR KIDS

Kids 5-7 learn basic bouldering skills through engaging warm-up exercises and climbing games. They build balance, strength, and confidence on the climbing walls in this 4-week class.

Wear comfortable clothes for exercise and bring a water bottle; we provide the climbing shoes.

Ages 5-7 years | Rock Haven Climbing Gym
#319 Mon 10/5-10/26 6:30-7:20pm
 R \$59/NR \$71 Reg by 9/30
#320 Mon 11/2-11/23 6:30-7:20pm
 R \$59/NR \$71 Reg by 10/28
#321 Mon 1/4/27-1/25/27 6:30-7:20pm
 R \$59/NR \$71 Reg by 12/30

INSTRUCTOR: Rock Haven Staff
 Questions about the curriculum?
 Contact Rock Haven Climbing Gym at
 503-512-5511.



DECEMBER 12, 2026
4 - 7 PM

A FREE holiday event!

Holiday crafts and festive treats!

Reynolds High School

All supplies provided!

TROUTDALEOREGON.GOV/MAKEAGIFT

You bring the kids. We have the toys.



NOW ON WEDNESDAYS!

OCT 7 • OCT 14 • OCT 21 • OCT 28
NOV 4 • NOV 25 • DEC 2 • DEC 9 • DEC 16

10 - 11:30AM - \$2 / CHILD
SAM COX BUILDING - GLENN OTTO PARK

Learn more at
troutdaleoregon.gov/littletrout



Ready to reach new heights? The first Monday of every month from 5-9pm is Community Climbing Night at Rock Haven Climbing Gym! For just \$12 per person, you'll get rental climbing shoes and chalk.

Visit troutdaleoregon.gov/climb for details!



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